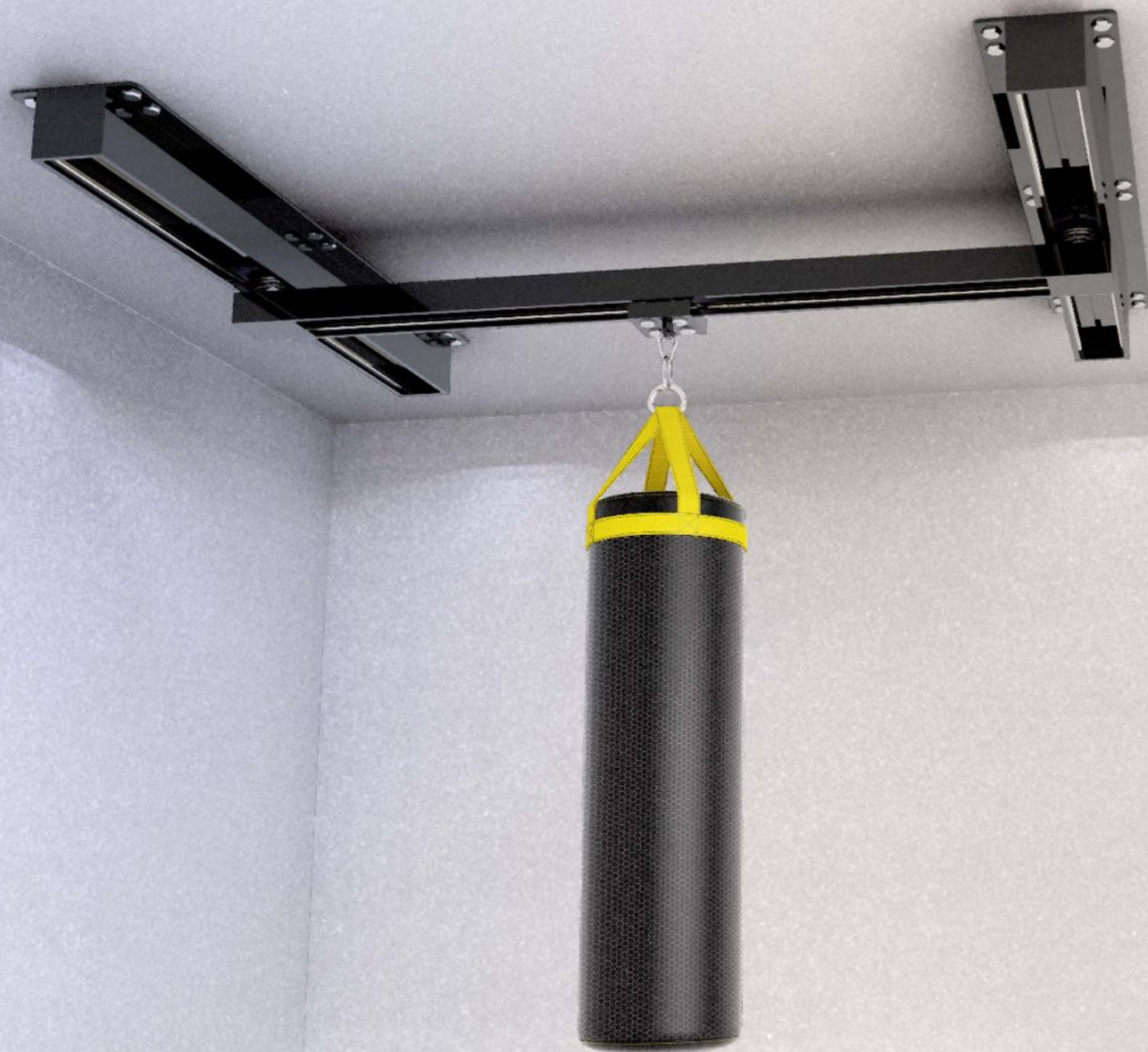


SILVER AWARD**Kaisa Stone-Palmquist*****“The Moving Punching Bag”*****School: Washtenaw International
Middle Academy****Educator: Tammy Church****Mentor: Pro: Adam Paquette****Carla Langfeldt****Design Concept:**

My concept is a moving punching bag. This product works by attaching a punching bag to a small motor and the pulley is attached to the axis to move. This product gives a full body workout that improves reflexes, cardio performance, muscle growth, has greater difficulty, and decreases anger.



THE
MOVING
PUNCHING
BAG.