

SILVER AWARD**Kaisa Stone-Palmquist*****“The Moving Punching Bag”***

School: **Washtenaw International
Middle Academy**

Educator: Tammy Church

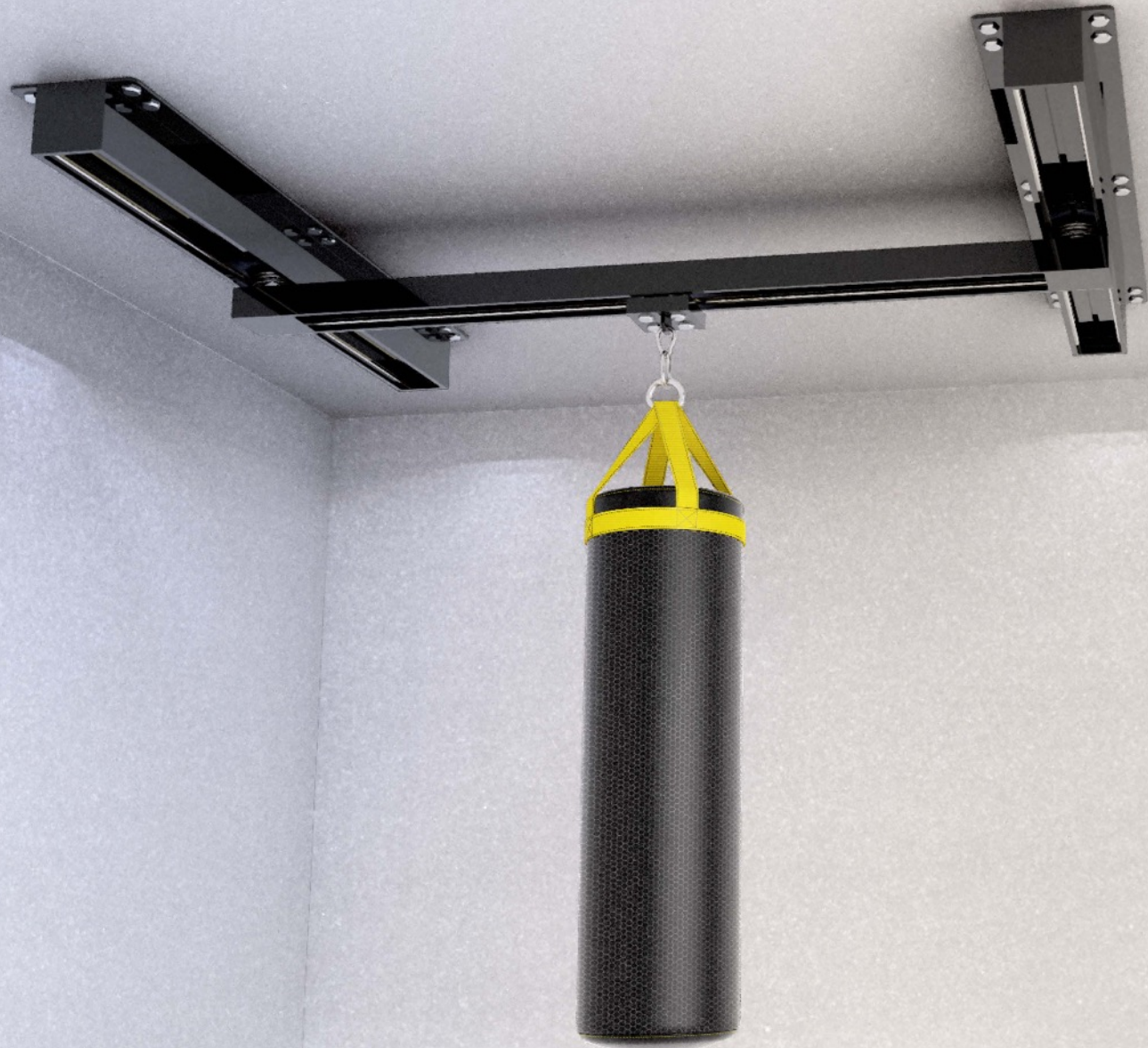
Mentor: **Pro: Adam Paquette**



Carla Langfeldt

Design Concept:

My concept is a moving punching bag. This product works by attaching a punching bag to a small motor and the pulley is attached to the axis to move. This product gives a full body workout that improves reflexes, cardio performance, muscle growth, has greater difficulty, and decreases anger.



**THE
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